

The Leader Within: *From Insight to Impact*



Time: 8:00 am - 12:00 pm

**Cost per person: \$1100.00
(for all 7 sessions)**

Location:

ARIZONA BUILDERS ALLIANCE

1661 North Swan Road Suite 144
Tucson, AZ 85712

Leaders experience transformational learning most deeply when we use a blended approach of community (a cohort of peers) and a powerful personalized experience.

To usher in transformation takes iterative learning, strong feedback mechanisms, and a supportive and structured set of relationships (coach, peers, mentor). We need to experience discovery, try out tools, get feedback for calibration, and track our success. All modules will be a blend of learning and doing, culminating in a real world "change project" to take back into the workplace.

The course will be delivered in 4-hour increments, every two weeks, **September 2025 - December 2025**. The topics with a course description and class dates are on the following page.

**Complete
ALL
7 Sessions
and Receive
a Certificate**

Meet Your Instructor



Diza Sauers, who resides in Tucson, is the founder and CEO of Diza Sauers Consulting. She has worked as a leadership development expert, trainer, and communication consultant across many industries to help facilitate more effective leadership practice, strategy, and communication with clients from around the globe (Robertet, DP World, BP Billiton, Intel, Microsoft, Royal Academy of Management Oman). A master certified Hogan coach, her expertise also resides in providing individual and team coaching to arrive at more collaborative and productive work environments.

Register at <http://bit.ly/AZMEPTheLeaderWithinTucsonSeptember2025>

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Develop Your Leadership Skills

**Below is each course description including the date of the classes.
All classes will be held at The Arizona Builders Alliance**

Leadership 101 (4 hours) - September 8th

This session establishes the fundamental concept of leadership. By sharing understanding of the differences between managers and leaders, exploring leadership styles, and establishing common goals, participants will leave with a better understanding of the importance of leadership, and the challenge to define their leadership signature.

High Powered Teams (4 hours) September 22nd

This session explores the power and inherent challenges built into teams. Harnessing the power of teams requires the ability to understand interpersonal dynamics, team hot spots, and the challenges of working across varying levels of motivation and ability.

The Power of Communication (4 hours) - October 6th

This session explores the lifeblood of any organization: communication channels. Through a series of simulations and messaging, participants explore how to address and deploy communication for enhancing productivity.

What's In Your Toolkit (4 hours) - October 20th

This session focuses on the tools first time managers need to master to be effective. Focusing on time and meeting management, we will also crowdsource AI based tools that can assist. Since Delegation is the bedrock of time management, time will be spent exploring how to delegate and why.

Feedback Rich Teams (4 hours) - November 3rd

Learning how to receive and ask for feedback helps any leader foster breakthroughs. Learning to guide feedback conversations, particularly when receiving feedback that helps fast track trust, teams can bloom.

The Hard Part: Difficult Conversations (4 hours) - November 17th

The hardest part of any manager's role is having to deliver bad news, difficult feedback, or provide conflict resolution for challenging situations. Part of driving change is preserving relationships while you also meet key requirements of the job. This session explores conflict, the road-map for difficult conversations, and provides tools for de-escalating tough situations.

Show Case: Leadership Manifesto (4 hours) - December 8th

To celebrate the conclusion of our journey, each participant will present a leadership manifesto. Working in small teams, groups will have a chance to present their own leadership signature, and a "change" project they have mastered. Celebrating growth, sharing wins, and deepening their own identity as leaders.

Who Should Attend: Designed for rising and emerging leaders—from newly promoted team members like supervisors, engineers, and cell leads, to those preparing to step into leadership roles—this course offers the tools and insights to lead with confidence and clarity.